



WE find the secret of planetary influence lies behind spirit matter, and when the unity of this quality is perceived we shall understand the law that governs all action and reaction. We can compare the observed facts in nature with the subtle, unseen forces which are in reality the cause of all phenomena. You feel through matter, cold and heat physically, cognize hate and love through the senses, yet these are polar opposites of the same substance.



- ❧ The object of Physical Life is to gather experience.
- ❧ It is the character that influences the conduct toward the opportunities that Life affords.
- ❧ The character makes the whole of the future as it made the past.
- ❧ Only in the heart of things can reality be found.
- ❧ Happiness lies in greeting the changes Life brings.
- ❧ God is Love, Will and Wisdom.
- ❧ The Soul can never die, in fact there is no Death.

Memory Improved

Since Leaving Off Coffee.

Many persons suffer from poor memory who never suspect coffee has anything to do with it.

The drug—caffeine—in coffee, acts injuriously on the nerves and heart, causing imperfect circulation, too much in the brain at one time, too little in another part. This often causes a dullness which makes a good memory nearly impossible.

"I am nearly 70 years old and did not know that coffee was the cause of the stomach and heart trouble I suffered from for many years, until about four years ago," writes a Kansas woman.

"A kind neighbor induced me to quit coffee and try Postum. I had been suffering severely and was greatly reduced in flesh. After using Postum a little while I found myself improving; my heart beats became regular and now I seldom ever notice any symptoms of my old stomach trouble at all. My nerves are steady and my memory decidedly better than while I was using coffee.

"I like the taste of Postum fully as well as coffee. My sister told me two years ago that she did not like it, but when I showed her how to make it according to directions, she thought it was delicious.

"It is best to pour cold water over your Postum, let it come to a boil, then boil 15 minutes. That brings out the flavour and full food value."

"There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Get the booklet, "The Road to Wellville," in pkgs.

What are your wishes in the line of magazines for 1908? Make them known to *The Stellar Ray*. A few subscription combinations are given in our advertising pages, but we can furnish many more, at most desirable rates.

London, November 16.—Pyrorrhoea aveolaris, a disease which has long baffled medical men, is caused by kissing, according to the statements of a physician who lectured last night before the dental branch of the National Health Society.

In the affliction the jaw is first affected. Then the teeth become loose, and finally, although they be perfectly sound, they fall out.

What shall we eat? What combinations are digestible? About how much shall we eat? These are the questions which interest us, and whose definite answers will help us, whether we lead a physically active life or the life of the sedentary mental worker; whether we have youth on our side or are passing into the group of the middle-aged.

Age is a most important factor to be considered in this subject of eating. One is surprised at being told that a little child of three or four years eats nearly one-quarter as much food as does the adult, while a very active child of twelve or fifteen not infrequently eats and assimilates as great a quantity of food as does his father, who is past middle life. The voracious appetite of the "growing boy" need not be dwelt upon.



Draws the Crowd.

"I must confess," growls the dissatisfied tourist, "that I can't see why so many people want to come here. No scenery, no amusements, no good things to eat—absolutely no attractions!"

"Ah, *signor*," said the innkeeper, "zey come because we 'ave ze gr-ran' label to stick on ze luggage."

There is no fixed cause for disease, hence there can be no fixed remedy. What is disease? Perverted health. It is a mistake to believe that health and disease are opposing forces, kept in existence by opposing deities. Health and disease are one. Health is a manifestation of life under compatible personal

and environmental influences, while disease is the opposite—that is health manifesting under uncongenial influences.

An influence that is healthful under one set of circumstances will be disease producing under others. We see this demonstrated every day. Food under one set of circumstances imparts health and life, and under others it produces disease and death. Food, in right amounts and properly combined, imparts health, energy and resistance, and when taken into the system in too great quantities and in incompatible mixtures, it lowers the resistance, physical energy decreases, and health gives way to disease.—*A Stuffed Club.*

Diligence is the mother of good luck.—*Benjamin Franklin.*

Be brief; for it is with words as with sunbeams, the more they are condensed the deeper they burn.—*Southey.*

* * *

Both Gained

Man and Wife Fatten on Grape-Nuts.

The notion that meat is necessary for real strength and the foundation of solid flesh is now no longer as prevalent as formerly.

Excessive meat eaters are usually sluggish a part of the time because they are not able to fully digest their food, and the undigested portion is changed into what is practically a kind of poison that acts upon the blood and nerves, thus getting all through the system.

"I was a heavy meat eater," writes an Illinois man, "and up to two years ago, was in very poor health. I suffered with indigestion so that I only weighed 95 pounds.

"Then I heard about Grape-Nuts and decided to try it. My wife laughed at me at first, but when I gained to 125 pounds and felt so fine, she thought she would eat Grape-Nuts too.

"Now she is fat and well and has

gained 40 pounds. We never have indigestion any more and seldom feel the desire for meat. A neighbor of ours, 68 years old, was troubled with indigestion for years; was a heavy meat eater, and now since he has been eating Grape-Nuts regularly, he says he is well and never has indigestion. I could name a lot of persons who have really been cured of indigestion by changing from a heavy meat diet to Grape-Nuts." "There's a Reason." Name given by Postum Co., Battle Creek, Mich.

Read the little book, "The Road to Wellville," in pkgs.

People seem not to see that their opinion of the world is also a confession of character.—*Emerson.*

The Stellar Ray is in a position to furnish excellent horoscopal readings.

A good horoscope should be of special value to parents in the care and education of their children.

To the young in choosing their vocations in life.

To forestall grave business blunders, also errors in forming uncongenial marriages.

Those of our readers who are interested in the subject will find two full pages in the advertising department of this issue, giving particulars regarding The Stellar Ray Horoscopes.

Manners are the happy ways of doing things. If they are superficial, so are the dew drops, which give such depths to the morning meadows.—*Emerson.*

If we would listen intently, we might hear the divine voice within, assuring us that God is our life; that spirit is the only substantial entity and that love is the only law.—*Henry Wood.*

We find in life exactly what we put into it.—*Emerson.*

GET MY NEW BOOK FREE!

Every man and every woman who cares for **HEALTH, SUCCESS, and LIFE**, should write at once for my new book

"HOW FOODS CURE"

It tells the startling truths about the food origin of disease, and proves that foods are also the only logical cure for disease, producing marvelous results where drugs have failed.



Your Life and Health Depend on what you Eat!

THAT'S WHY the U. S. Government passed the Pure Food law.

THAT'S WHY Chief Wiley, of the Department of Agriculture, has founded a 100-year club, whose members expect to live a century by sensible selection of food.

THAT'S WHY thoughtful people everywhere are quitting poisonous drugs and getting rid of disease and weakness by scientific eating.

Every bone, tissue, muscle, organ and function of your body is dependent for life and strength on what you put into your mouth. What do you know about food? Is it any wonder that you are sick, weak, too fat or too thin, when you know almost nothing about the effects of food on your system?

If you have a Curable Disease I Guarantee that Correct Food will Cure it

CONSULTATION FREE—At My Office or by Mail.

You are cordially invited to call any weekday between 1 p. m. and 4 p. m. No charge will be made for my expert opinion as to your case. If you cannot call, write. Tell me all about your case, condition and symptoms on my

FREE SYMPTOM BLANK

sent on request. I will reply fully and promptly, giving my opinion without charge. If I believe your case incurable. I will be honest and tell you so, and what relief can be obtained.

If I believe your case is curable, I will prove it by indorsements from similar cases. All this costs you nothing. Call or write at once.

Eugene Christian Food Scientist

Room 74, 7 E. 41st St., NEW YORK

A Worm's Work.

A teacher was asking the children what trades their fathers followed, but one little girl at first refused to tell. "Come, Rosie, you must tell," said the teacher.

"Well, ma'am, he's a worm-eater," said Rosie.

"A worm-eater?"

"Yes, ma'am. A worm-eater in an antique."

The puzzled teacher made a journey to Rosie's home and found it was all true. Her father's work was boring lifelike wormholes in imitation antique furniture to make it look genuine.—*Youth's Companion*.

Faith, courage, love and cheer kept glowing in the consciousness, beget eternal youth.

Wished He Was His Dog.

A Dutchman, addressing his dog, said: "You vas only a dog, but I vish I vas you. Ven you go mit your bed in, you shust turn around dree times and lay down. Ven I go mit the bed in, I have to lock up de blace, and vind up the clock, and put the cat out, and ondress myself; and my frau she vake up and scold, den the baby vakes up and cries, and I haf to walk him mid de house

round; den maybe ven I gets myself to bed it is time to get up again. Ven you gets up you shust stretch yourself, dig your neck a liddle, and you vas up. I haf to light de fire, put on de keddle, scrap some mit my wife already, and get my breakfast. You play around all day and haf blenty of fun. I haf to work all day and haf blenty of drubble. Den ven you die you vas dead; ven I die I haf to go to hell yet."

Restored His Eyesight.

The following copy of a letter received by a prominent advertiser will doubtless be of interest to many of THE STELLAR RAY readers:

Lebanon, Ark., Sept. 15, 1907.

Actina Appliance Co., Kansas City, Mo.:

Gentlemen—About three years ago I discovered that a cataract was growing over the sight of my right eye. Within one year it had entirely covered the pupil of the right eye, and had so affected the other eye that I could not distinguish one person from another ten feet from me. My voice was also greatly impaired, and I was bothered with a severe pain in my head at night. Having noticed "Actina" advertised for eye troubles, I decided to give it a trial. Accordingly, I sent for the treatment. I used it four months with the following results: I can now distinguish any person at a distance of fifty yards; the pain in my head has entirely ceased; my voice has become clear and strong; and in addition my hearing, which was greatly impaired, has been greatly improved. I am now seventy-two years old, and I heartily and confidently recommend "Actina" to all who are suffering from impaired vision, voice, hearing or any pains in the head.

Hoping that this may be of benefit to some fellow sufferer, and wishing you every success, I am, sincerely yours,

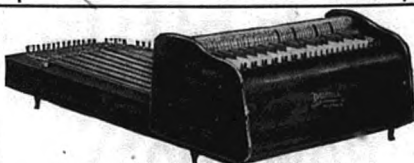
G. H. VANCE.

The Actina Appliance Co., Kansas City, Mo., is one of the oldest American Advertisers. They have been liberal patrons of the press for seventeen years.

They are reliable and financially responsible. They send their treatment on two weeks' trial and guarantee satisfaction or will refund all money paid in.

DOLCEOLA

A MINIATURE GRAND PIANO



Played with keys like a piano and having a similar action.

The DOLCEOLA'S captivating harmony and original construction, gives it instant popularity and the hearty endorsement of musical experts.

It is endorsed by leading musicians everywhere, as well as by the nobility of Europe.

FROM A MUSICAL AUTHORITY OF NEW YORK:—"I consider it an instrument of great merit. It will be of great assistance in preparing beginners for the piano."

—Albert Gerard-Thiers.

Chas. K. Harris, author of "After the Ball," says:

"My children are learning it without an instructor."

The Princess of Isenberg Darmstadt, Germany, says:

"I have received the Dolceola, and am delighted with it."

The Dolceola, with its four full octaves, embodies the exquisite tone value of two guitars and two mandolins. Its action, while similar to that of the piano, is quicker and more simple, permitting effects impossible with the larger instrument. Any class of music can be played. Music lovers are delighted with it. You must have one.

Agents Make from \$100 to \$500 Monthly. Write for Proof.

HANDSOME ILLUSTRATED CATALOGUE FREE.

THE TOLEDO SYMPHONY CO.

970 Snow Flake Bldg., Toledo, Ohio

Fasting Feeds You.

WITH THINGS MUCH BETTER THAN FOOD.

With Strength-Beauty-Energy-Courage-Vitality-Wisdom-Faith-Independence-Endurance-Joy-Peace-Love.

These facts are proven.

Proven by experience and written into a book by the man who did it. He had read Dewey, Fletcher and Haskell; he had worked with MacFadden, Prophet, and others of like repute; he had seen the benefits of Fasting—but he wasn't satisfied; so he took a *Thirty Day Fast* for himself.

Perhaps you aren't satisfied.

You may have tried and failed—many people think they fast when they only starve. Or you may have never tried at all. I don't blame you, considering the failures of most who have.

Anyway—listen.

There is no disease on earth, of body, mind or soul, that can resist a proper period of sane Fasting scientifically employed. You don't have to do it—but you must know what it will do. There are *Twenty Rules* of utmost importance governing a scientific Fast. These are given exclusively in "The Philosophy of Fasting" by Edward Earle Purinton. A large beautiful book of 130 pages, price \$1.10 by post. Send a stamp for circular containing remarkable opinions by Doctor Latson, Doctor Tyrrell and other authorities.

I direct a sanitarium in New York City and Butler, New Jersey, where we convince people by curing them. NATUROPATHY can't help curing. Investigate. For a dime I'll mail you a big bundle of literature, also my magazine, "Naturopath", three months. Visit our Health Supply Store—where things look, taste and feel as good as they are. Think—decide—act. And success is yours.

Benedict Lust, N. D.

S. R. 124 East 59th Street, New York City.

CHIROPRACTIC'S FOUNTAIN-HEAD



B. J. Palmer, D. C., Pres. The P. S. C., Only Son
of the Discoverer and Developer.

Prospective Students Should Remember...

1st. The P. S. C.'s work is presided over and taught by B. J. Palmer, D. C. Born of genius he inherited superior talents. Brought up with Chiropractic, from birth to date he has been preeminently identified with its advancement, and preserved its purity and cleanliness. 2d. Established 1885. 22 years experience. 3d. Is incorporated. 4th. Teaches Anatomy, Physiology, Pathology, Dissection, Analysis, Hygiene, Chiropractic Orthopedy, Nerve Tracing, Histology, Gynecology, Obstetrics, Theory, Philosophy and Practice of Chiropractic, Innate Intelligence, Philosophical Nervous System. 5th. Largest Chiropractic School in the world. 6th. Has the largest enrollment (quality, quantity and character.) 7th. Pseudos come here, (after "graduating" at "schools") TO LEARN CHIROPRACTIC at the

original school. 8th. Always was ahead and always will be. \$20,000 equipment to teach with. 10th. Its faculty are experienced in discovering, developing, advancing and making success. 11th. The P. S. C. is Headquarters---"CHIROPRACTIC'S FOUNTAIN HEAD"---for specific, pure, unadulterated, philosophical Chiropractic. Do you want first or second handed goods? 12th. Does business the year round. 13th. The P. S. C. is represented by successful practitioners-proving quality. 14th. The only school doing justice to its philosophy. 15th. Has the largest pathological, anomalous collection in the world. Chiropractic cannot be taught without such. 16th. Publishes THE CHIROPRACTOR, 50c per year, (sample copies upon request,) giving free clinical notices to graduates. 17th. The school with an international reputation, earned with justifiable goods.

THE P. S. C. has three Regular courses. (1) Three Months, (2) Six Months, and (3) Nine Months. In each are taught, principles, theory, practice of palpation and practical work of adjustments. Tuition \$100. Good for one or three courses combined. Descriptive literature for the asking.

Special Three Months Course, leading to graduation, for M. D.'s, Osteopaths and pseudo Chiropractors. Tuition \$100. Post graduate courses Free for any length.

Subscribe for THE CHIROPRACTOR and receive in addition over 170 forms (approximating 500 pages.) The Science of Chiropractic (400 page book) \$3.35 postpaid, The Science of Chiropractic, Vol. II, \$1.15 postpaid.

Correspondence cheerfully answered. Address,

THE PALMER SCHOOL OF CHIROPRACTIC DAVENPORT, IOWA U.S.A.



J. LAMBERT DISNEY, H. D., N. D.
President and Health Director.

I CURED MYSELF

Without Drugs

**After Vainly Searching the World
Over for Health**

**MY NEW FREE BOOK
TELLS MY EXPERIENCE**

And Proves That You Can Do It To!

I want every sufferer from disease or weakness, whether very sick or just "not well" to read this book. Every month I have been advertising to get in touch with sick people everywhere. The tremendous volume of replies was proof conclusive that many—very many—are sick, but are not getting relief through drugs. Although hundreds have followed my advice with the splendid results shown in my guaranteed testimonials, yet more hundreds were never heard from again. Why?

They wanted health, else they would not have written to me. Therefore the only conclusion I can draw is that my literature failed to make clear the wonderful truths which I and the other hundreds have learned about

Getting and Keeping Health

So I have written a new book, which I am told is the clearest, strongest incontrovertible proof that health is possible for all, which has ever been penned.

I believe it is strong. How could it be otherwise when it was written after reading testimonials like the following from those who have adopted my

Treatment By Mail

NOTE.—These Testimonials are Guaranteed Genuine by a \$10,000 Forfeit, and are Published by Special Permission of the Pupils.

Restored to Complete Health at 62

CASE NO. 20384.—RHEUMATISM, CONSTIPATION, STOMACH TROUBLE, CATARRH.

"When I commenced your treatment about the first of October last year I had been using laxatives for about eight years. I stopped the laxatives when I commenced your treatment and have taken none since. My circulation was very bad so that I was awakened up several times a night with cramps in my feet and legs. No more cramps. I was very weak, not able to walk but a short distance at a time, now I can walk six or eight miles a day with ease, in fact, I believe I could walk continuously for half a day. Friends and acquaintances remark on my improved condition. I am in better health than I have been in ten years. I am 62 years old and for the past ten years have spent a small fortune on Doctors, Quacks, Specialists and Old Women's remedies. Nothing ever helped me until I commenced your treatment. I am thoroughly convinced that there is no use of taking medicine. That if you will live up to Physical Culture treatment, the problem of perfect health is solved.

Yours respectfully,

E. WOOLSEY."

P. S.—Will send you my photo next week.

Cured of Constipation and Obesity

CASE NO. 20255.—OBESITY, CONSTIPATION, CATARRH, LIVER TROUBLE, CHRONIC APPENDICITIS.

"Before beginning your treatment I suffered very much from what physicians called liver trouble and chronic appendicitis. I DOCTORED FOR ABOUT NINE YEARS WITH BUT LITTLE SUCCESS. I was doped with drugs continually, took tablets containing aloes every night and morning for constipation. I also took a so-called 'Physical Culture' course by mail, but it failed to cure me. Since taking your treatment I have been perfectly well. My side has not ached at all; constipation entirely disappeared, complexion clearer and have not had a cold this winter. Formerly I would take cold easily and always suffered much from colds. I HAVE LOST ABOUT FIFTEEN POUNDS IN WEIGHT since taking the treatment. I heartily recommend the treatment to all who suffer. I shall be glad to answer all letters from those who write regarding the treatment.

Care Thos. Riley, Graniteville, Vt.

Very truly,

MISS WINONA A. SANBORN."

VIOLA PARKER, H.D., N.D. (Mrs. Disney)

In charge of Women's Department

Graniteville, Vt., March 4th, 1907.

Great Improvement—Gained 30 Pounds

"In the hope that women suffering as I was when I first commenced your course may be induced, by a relation of my experience with you and your methods, to seek your aid, I consider it my duty to state (for publication, if you so desire) that under your instructions I have been able to bring myself in six months' time from a condition of weakness that made walking even a very short distance an exertion, of continual trouble with a sour stomach, thickly coated tongue, scant urine and constipation frequently lasting six days, as well as being subject to fainting spells and general tiredness and weighing only 118 lbs., to a condition which has enabled me to recently walk twelve miles in one day and take part in a dance the same evening, and with a great improvement in my stomach conditions, total disappearance of constipation and a GAIN IN WEIGHT OF THIRTY POUNDS, now weighing 148 lbs.

"I am sending you my photo which I am quite willing for you to use, as well as any portion of this letter which you care to, in your endeavors to convince other sufferers that they need your help.

Lexington, Mass.

Sincerely yours,

Mrs. ANNA I. COBB."

DON'T HESITATE—ACT!

No matter how many times you have read my advertisement, I can never do anything for you until you write me.

No matter how serious your condition or how many doctors have pronounced your case "incurable," don't despair.

I have many records of cures in my files, of people that doctors have given up to die. But don't dally with disease. If you had written me six months ago, you would probably be in buoyant, vigorous health today. Every month of "half-health" shortens your life a year.

MAIL THIS COUPON NOW AND GET MY FREE BOOK

J. LAMBERT DISNEY, President of The Disney Nature Cure Co., (Formerly at Physical Culture City), Box M. S., Jamesburg, N. J.

I believe I am suffering from the ailment marked (X) below. Please send Free Symptom Blank and your New Book without cost to me.

Thinness
Obesity
Constipation
Indigestion
Rheumatism

Neurasthenia
Nervous Debility
Neuralgia
Twitching
Convulsions

Catarrh
Lung Troubles
Paralysis
Palpitation
Dizziness

Impure Blood
Low Vitality
Rapture
Headache
Unknown

Name..... Street and No.....

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HOW TO BUILD YOUR OWN BRAIN

"New Thought" is printing a series of articles on Scientific Character Building by the well known scientist, Leon Albert Landone, telling how to build in new brain structure which shall manifest special desired qualities.

If you wish certain attributes or talents added to your character, if you wish special tastes developed, if you desire mental or moral weakness transformed into strong, positive powers for good, read these articles. Dr. Landone has agreed to give special methods (the result of long years of scientific experiment and investigation and the "building" of hundreds and hundreds of brains) not only to produce qualities and conditions to demonstrate, but to apply to individual cases, submitted by subscribers.

New Thought is only 50 cents per year.

It is 72 pages and cover, standard magazine size. Send now for the magazine for 1907 and receive our beautiful Christmas number Free. Or 4 months trial subscription for 10 cents.

THE NEW THOUGHT PUBLISHING COMPANY.

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STAGE DANCING, VAUDEVILLE AND ENTERTAINING

Taught by Correspondence. For Health, Pleasure and Profit.

Hundreds of students have taken these courses and have written glowing letters of the progress they have made in a few months. I would like to send you our Free Booklet describing fully the methods, photographs and moving-picture-plan of instruction, etc., and the names and addresses of many students who have been successful with this work. Maybe some of them live in your neighborhood. 4c in stamps will bring you an elaborate outfit of interesting literature upon this subject.

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My system will unfold either your mediumship or adept ship. It is the first and pioneer effort as a System to develop you consciously, without going into a trance or becoming obsessed. Among the public or professional psychics and teachers who unfolded by my System are: Mrs. K. Harey, St. Louis, Mo.; Mrs. A. A. Bennett, Everett, Mass.; Mr. W. J. Burke, Malden, Mass.; Prof. W. W. Drutt, Galesburg, Ill.; Mrs. Mary Jennings, Moravia, N. Y.; Mrs. H. F. Parker, Boston; Mrs. M. H. Springer, Milwaukee, Wis.; Mrs. S. J. Sears, Ft. Collins, Colo.; Mrs. W. A. Whitehead, Methuen, Mass.; Mrs. A. A. Smith, Lowell, Mass.; Mrs. L. Wilson, Martin's Ferry, O. Read what some write:

"My clairvoyant experience has exceeded anything I ever thought within the range of the human."—John McDowell, Philadelphia.

The System is surely what humanity as a whole is looking for.—Mrs. E. F. Stock, Boston.

Send stamped addressed envelope for circulars, etc to J. C. F. Grumbine, 24 Strathmore Rd, Brookline, Mass

Books for Psychic Unfoldment.

I positively guarantee results if you follow my simple instructions.

CLAIRVOYANCE—Cloth-bound, price \$1.50 (reduced from \$2.00). It teaches you how to penetrate the veil of sense and matter, converse with spirits, read the crystal see the future, prophesy, attain illumination, and be a Yogis. "All students will do well to study this excellent volume." W. J. Colville. "It is a revelation."—Light. "Best work on the subject."—Mind. "Marvelous—Epoch making."—Lillian Whiting.

AURAS AND COLORS—With exhaustive dictionary of color meanings. A unique book for unique people. Price 50 cents.

PSYCHOMETRY—The first and only book which teaches the science so that you can practice it. Price, 50 cents.

REALIZATION—How to enter the super-consciousness and be a Yogis. Price 50 cents.

CRYSTAL for crystal-gazing, a new lot at \$2.25 each, postage prepaid.

EASY LESSONS in occult science, 50 cents.

Make money's payable to

J. C. F. GRUMBINE,

(Specialist in Occult Sciences)

24 STRATHMORE ROAD, BOSTON MASS.

The premiums offered by The Stellar Ray in this issue may interest you. You will find them on the inside of front cover page.

THE AMERICAN JOURNAL OF

EUGENICS

M. HARMAN, Editor.

The Pioneer Magazine in the English Language Devoted to Prenatal Culture and the Right of Every Child to be Well Born.

IT TREATS OF SEXUAL SCIENCE

In a sane, intelligent and inoffensive manner. It points out the vital necessity for a broader knowledge of Sexual Hygiene. Hence it opposes any attempt to restrict instruction in Sexual Science.

REPRODUCTION OF THE HUMAN RACE

Is discussed by men and women who have made a special study of the Sexual Relations, and who realize that Quality is of more importance than Numbers.

IT INSISTS ON THE FREEDOM OF MEN AND WOMEN

from Sexual Slavery. It insists on the Right of Every Woman to the Control of Her Own Person. It insists that Woman alone shall be the one to decide When and Under What Conditions she will bring a New Human Being into Existence.

Fifteen cents a copy; \$1.50 a year. Order of newsdealer or of publisher.

M. HARMAN, 500 Fulton St., Chicago.

SPECIAL OFFERS: Send 25 cents for a three months' trial subscription and a copy of "Institutional Marriage," a lecture by the Editor. Eugenics and The Stellar Ray one year for \$1.75.

When writing to advertisers please mention THE STELLAR RAY.

An Interesting Experience

There is a certain method of reading character by astrology, or the positions of the sun and planets at birth, which often enables one to exercise an insight which, to the uninitiated, seems most wonderful, not to say uncanny. A friend of mine who was a student of "Solar Biology" was able to tell a woman whom he had just met for the first time certain facts in her own life which she supposed were known to no one except herself. This system of character reading enables one to see deep into the inner life of the subject. It is very different from ordinary astrology. It tells how to determine mental, physical and marriage adaptability. Throws a flood of new light on the great problems of life. Send me a stamp, and I will send you an illustrated 40-page prospectus of "Solar Biology," telling about this wonderful science, giving specimen pages from the book, etc. I will also tell you the full particulars regarding the peculiar experience of my friend. This offer is made especially to readers of *The Stellar Ray*. Send stamp to **WILLIAM E. TOWNE, Dept. 17, Holyoke, Mass.**

WISDOM FROM THE WOODS.

Are you interested in the "Simple Life"? Even the most complex livers are attracted by the woods, the streams, the placid lakes, the songs of birds, the rippling fruit, the quiet, restful life among trees and flowers; and all such will be interested in a magazine, pencilled, printed, proof-read, published, posted and posted amid these conditions and surroundings, and whose make are "living the life".

The Building of a Backwoods Center is interesting alike to those engaged in the work and to all who read about it. In selecting your winter's reading don't fail to add to your list of magazines that **Uniquest of the Unique**, "Soundview" whose views are sound and whose contributors are sane (or partially so).

Some Soundview Specials

1. "Soundview" one year and a copy of "Wildwood Philosophy" (a cloth bound book, former price \$1.00,) both for \$1.00.
2. "Soundview" one year and a copy of "Mae Lawson Herself's "sex-Mating" (First book of "The Evergreens" - soon ready) both for \$1.00.
3. "Soundview" six months (trial trip) 25c.
4. Two months of "Soundview". "Soundview Jr.", and "The Choice" (a Sex Poem by E. E. Purinton) 10c.
5. One sample copy for 5 one-cent stamps (or FREE if you can't stand that much).

If none of these offers suits you just go to — the news stand and pay 10c per copy, \$1.00 per year. "A Sex Symposium" a special feature.

THE EVERGREENS (That's who.)

Olalla, Wash. (That's where) U. S. A.
P. S. Alaska-Yukon-Pacific Exposition, Seattle, 1906
only 16 miles from the "Evergreens"

When writing to advertisers please mention *THE STELLAR RAY*.

Crooked Spines Made Straight



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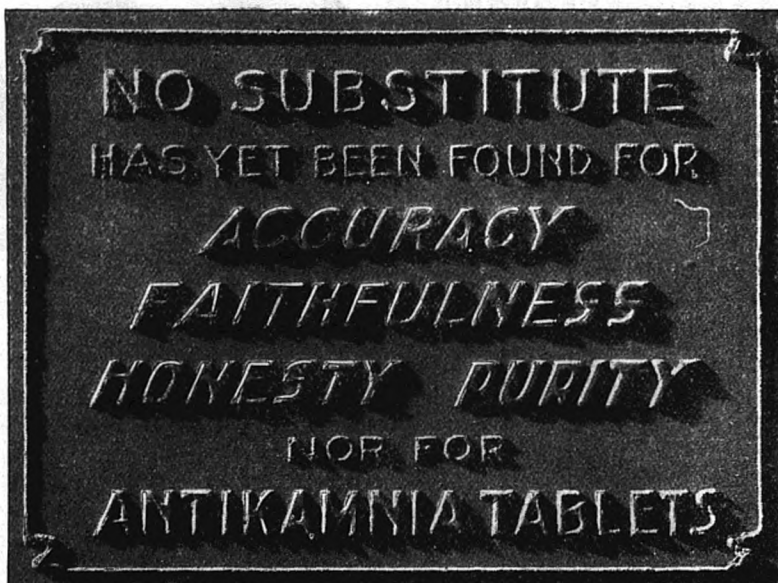
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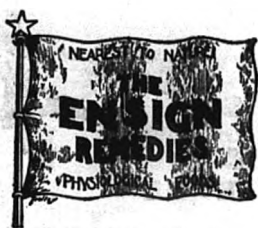
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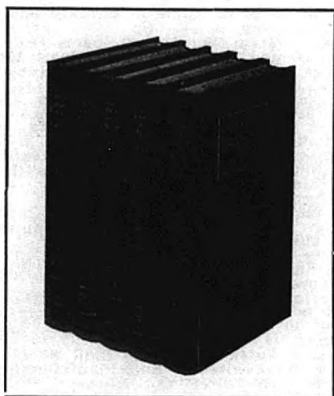
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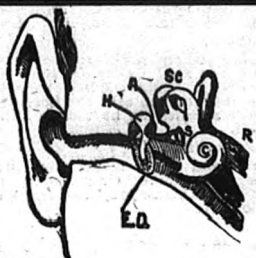
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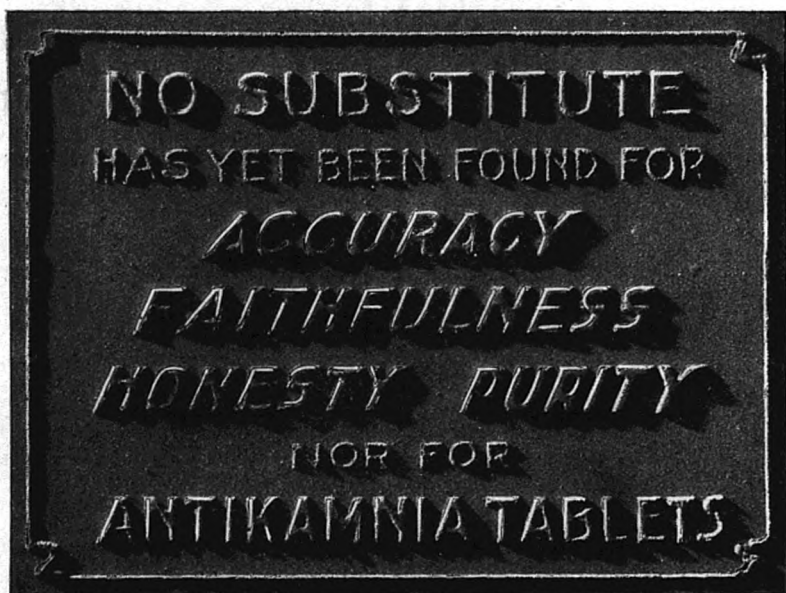
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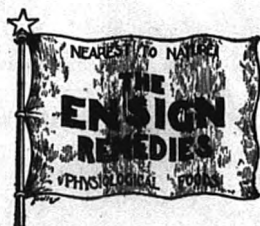
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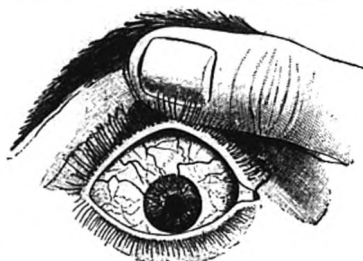
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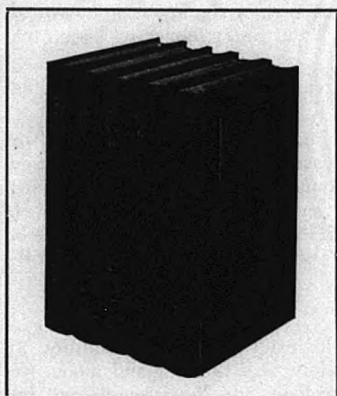
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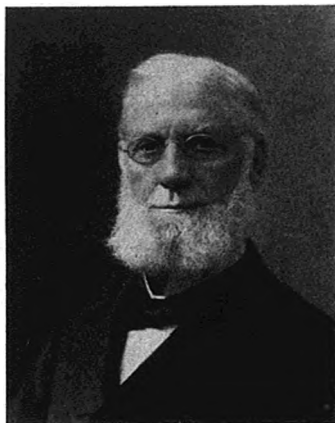
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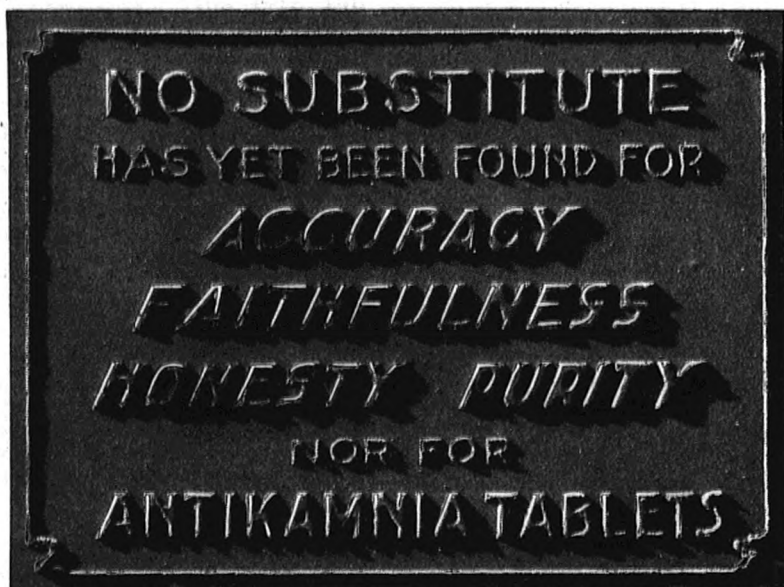
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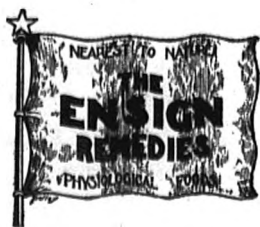
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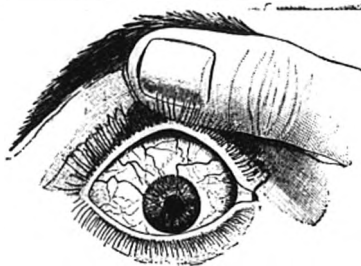
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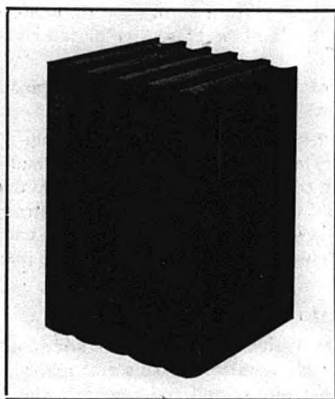
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The Stellar Ray Book Department



SCIENCE AND KEY OF LIFE



PLANETARY INFLUENCES

Compiled

and Copyrighted by

HENRY CLAY HODGES

It is impossible to give a cursory sketch, within a few pages, that will convey to the mind of the reader more than a faint idea of this important work, or of its value both as a revealer of scientific truth, and as an inspiration to acquire knowledge regarding a great science heretofore but little understood, although of vital importance to each individual life; however, we ask your attention to a brief survey of the different volumes of the grand work:—

SCIENCE AND KEY OF LIFE

VOLUME I

Volume 1 of this work, introduces the reader to the subject of Planetary Influences, Electric and Magnetic, Defines Fate, shows that "thought is the Builder," and that each individuality is a law unto itself.

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The esoteric side of astral science is presented and it is but inadequately described when we state that volume 1 introduces the reader to a new and marvelously interesting field of thought, broadening and elevating beyond expression.

VOLUME II

This volume contains 245 pages of subject matter whose interest grows upon the reader as he follows the author through chapters upon the life principle and health, the several parts of the body as governed by certain signs; the influence of the Natal Star, "for every human soul there is a Natal Star; sooner or later each one shall set out in search of his Natal Star."

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VOLUME IV

This volume is in itself a great work containing about 350 pages.

It is compiled in four parts.

Part one contains eight chapters of intensely interesting information regarding the faces of the signs and the effect on character indicated by the planets when posited in the twelve houses and signs. These chapters must be read to be appreciated and to give the reader an idea of their interest and value we quote the following passage from chapter one:

"The first face of Aries is martial, giving fearless, courageous ambition, one able to lead and command others; quick and ingenious and generally a very impressive speaker."

" * * * The third face of Aries is a face of change and lively fancy. There is a love of fame and activity unrelenting, makes many changes in life."

From chapter two:

"When Saturn is posited in the first house the native is diplomatic, though very suspicious and distrustful. He is liable to be gloomy and retiring at times, and while he has many acquaintances he has few intimate friends. His friends are apt to be distant from his home; he makes their friendships through letters, writings, journeys and also through the father and elderly persons and those above him in the social scale of life.

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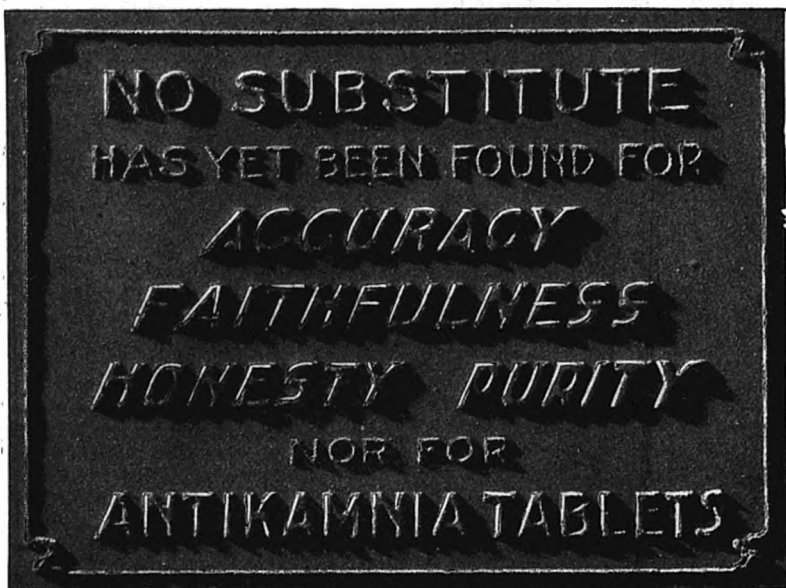
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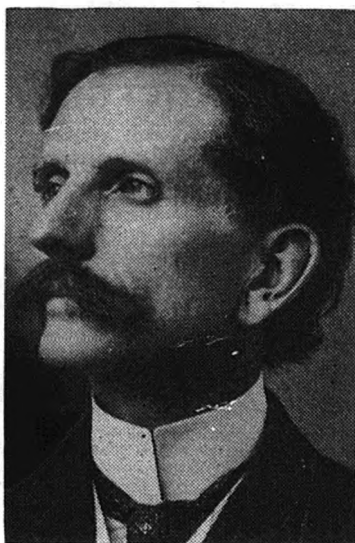
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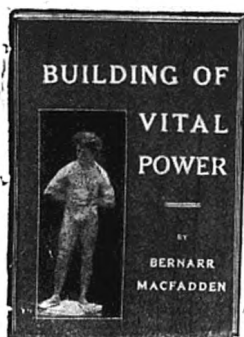
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I therefore bought various brands of cold cream and skin foods and massaged my face with most constant regularity, hoping to regain my former appearance. But the wrinkles simply would not go. On the contrary, they seemed to get deeper. Next I went to a beauty specialist, who told me she could easily rid me of my wrinkles. I paid my money and took the treatment. Sometimes I thought they got less, but after spending all the money I could afford for such treatment, I found I still had my wrinkles. So I gave up in despair and concluded I must carry them to my grave. One day a friend of mine who was versed in chemistry made a suggestion, and this gave me a new idea. I immediately went to work making experiments and studying everything I could get hold of on this subject. After several long months of almost numberless trials and discouragements, I finally discovered a process which produced most astounding results on my wrinkles in a single night. I was delighted beyond expression. I tried my treatment again, and, lo and behold! my wrinkles were practically gone. A third treatment—three nights in all—and I had no wrinkles and my face was as smooth as ever. I next offered my treatment to some of my immediate friends, who used it with surprising results, and I have now decided to offer it to the public. Miss Gladys Desmond, of Pittsburg, Pa., writes that it made her wrinkles disappear in one night. Mrs. J. E. Black, of Yorkers, N. Y., says that when she looks in the glass she scarcely knows herself, the improvement is so great, and that her wrinkles are entirely removed. I will send further particulars to any one who is interested, absolutely free of charge. I use no cream, facial massage, face steamings or so-called skin foods; there is nothing to inject and nothing to injure the skin. It is an entirely new discovery of my own, and so simple that you can use it without the knowledge of your most intimate friends. You apply the treatment at night and go to bed. In the morning, lo! the wonderful transformation. People often write me, "It sounds too good to be true." Well, the test will tell. If interested in my discovery, please address Harriett Meta, Suite 62G, Syracuse, N. Y., and I will send full particulars.

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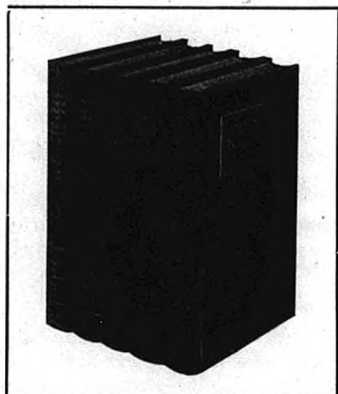
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PLANETARY INFLUENCES

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It is impossible to give a cursory sketch, within a few pages, that will convey to the mind of the reader more than a faint idea of this important work, or of its value both as a revealer of scientific truth, and as an inspiration to acquire knowledge regarding a great science heretofore but little understood, although of vital importance to each individual life; however, we ask your attention to a brief survey of the different volumes of the grand work:—

SCIENCE AND KEY OF LIFE

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VOLUME IV

This volume is in itself a great work containing about 350 pages.

It is compiled in four parts.

Part one contains eight chapters of intensely interesting information regarding the faces of the signs and the effect on character indicated by the planets when posited in the twelve houses and signs. These chapters must be read to be appreciated and to give the reader an idea of their interest and value we quote the following passage from chapter one:

"The first face of Aries is martial, giving fearless, courageous ambition, one able to lead and command others; quick and ingenious and generally a very impressive speaker."

" * * * The third face of Aries is a face of change and lively fancy. There is a love of fame and activity unrestful, makes many changes in life."

From chapter two:

"When Saturn is posited in the first house the native is diplomatic, though very suspicious and distrustful. He is liable to be gloomy and retiring at times, and while he has many acquaintances he has few intimate friends. His friends are apt to be distant from his home; he makes their friendships through letters, writings, journeys and also through the father and elderly persons and those above him in the social scale of life.

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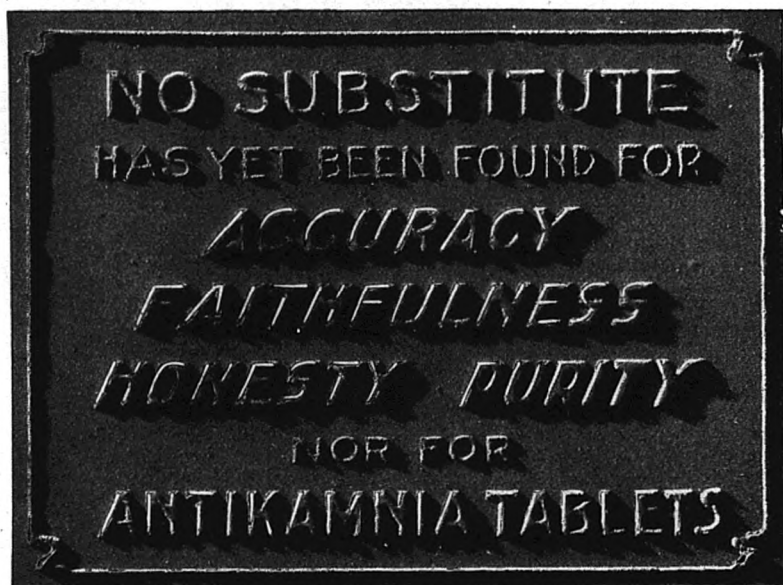
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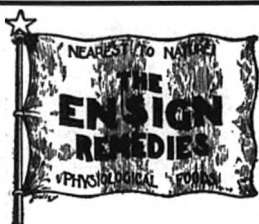
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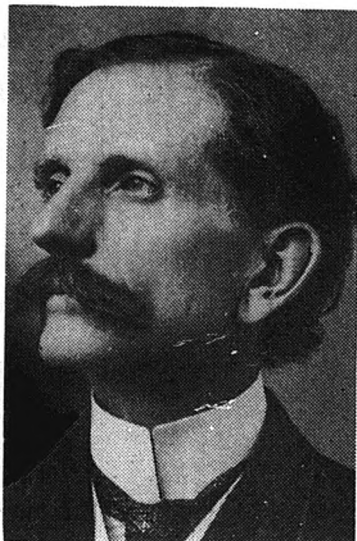
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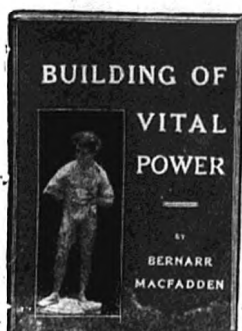
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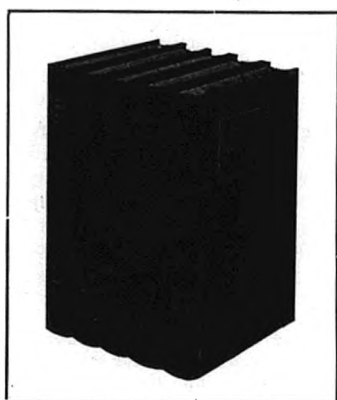
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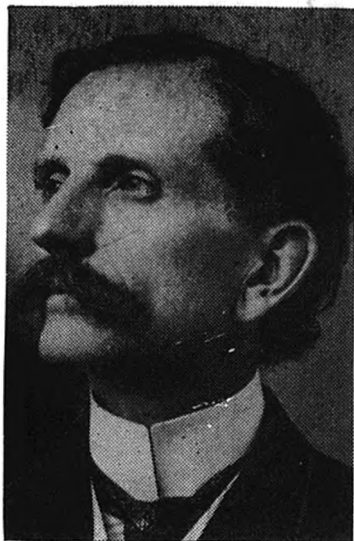
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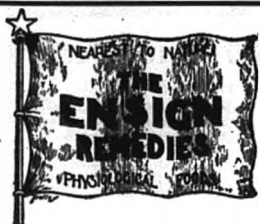
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WERE YOU BORN IN GEMINI?

The sun passes into the Zodiacal sign Gemini on the 20th of May, leaving it the 21st of June.

It will be noted that it is not a difficult matter to determine, approximately the time of year in which a person is born by comparing his characteristics with those designated as belonging to those individuals born at certain periods.

For example, people who were born on or between the dates of May 20th and June 21st will recognize some of the characteristics given below as belonging to them.

The sun in Gemini, or third house, strengthens the intellect, inclining to the pursuit of literature, science or art, and to following some occupation connected with these.

It favors educational, secretarial and clerical work, writings, documents, letters, literary work of a short ephemeral kind, such as magazines, newspapers, pamphlets or small books, work connected with messengers, means of transit, the post office, etc.

The mind is versatile and fond of change, but positive and strong. Somewhat ambitious and aspiring, and may turn to public work, connected with education, local politics or public speaking and lecturing.

Fond of moving about, of walking, of short journeys, principally by land. Has friends among literary people and others signified by Gemini, and may join some secret society or association, the activities of which are those of Gemini. May be the most clever or best educated of his family. This position gives several brothers or sisters. It also signifies the birth of twins and a double marriage, as Gemini is a double sign.

While the sun is 30 days in Gemini, we also find the moon in the year 1908 to be in the sign Pisces on May 20th. One born on that date will be apt to be practical, ingenious, active, combative, dissatisfied.

On the 21st and 22nd the moon is in Aries, denoting one aspiring, a seeker for truth, ambitious, independent.

On the 23rd and 24th, the moon is in Taurus and indicates decision, perception, some self-conceit and possible disregard of others' feelings.

On May 25th and 26th the moon will be in Gemini and this indicates an illumined mind, self-esteem, independence of character, cleverness of thought, and a determination to carry out the inclinations. Such persons have fair success in business affairs and find their greatest enjoyment in life in the activities of both mind and body. They are not easily led by their sympathies or turned from their own decisions. This position gives literary ability and artistic tendencies.

The 27th, 28th and 29th the moon will be in Cancer, and the native will be anxious, economical, discontented, sensing others' feelings which affect them greatly.

On the 30th of May the moon is to be in Leo and this tends to the morbid, weak, with small determination, superstitions. Thus it can be seen that with the sun in Gemini, there are many positions of the moon, which for lack of space we will not give further at this time.

Scale of Fees for Casting Stellar Ray Horoscopes, by the Astral Science Department of this Magazine,

No. 1—Fee, \$1.00. The nativity cast from the data furnished and all calculations made as accurately as in other more costly work, except that a reading of the chart is not included nor charged for. This is a good chart for those who have text-books, or copies of *Science and Key of Life* to obtain the correct planetary positions as a guide by which to find all that can be told them from these works.

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